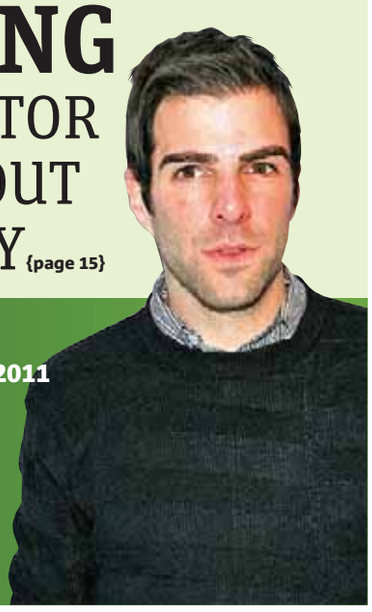
LUNCH RUSH
AN EATERY THAT OFFERS GREAT FOOD AND BEER
{page 18}

REVEALING
STAR TREK ACTOR OPENS UP ABOUT HIS SEXUALITY {page 15}



CALGARY metro®

Tuesday, October 18, 2011
www.metronews.ca

News worth sharing.

Guilty verdict in Bolsa case

Trial has been ongoing for the past month **Victim impact statements will be read this morning in court**

KATIE TURNER
@METRONEWS.CA

After seven hours of deliberation, the jury in the case of a 2009 New Year's Day triple-shooting found the two men on trial guilty of first-degree murder.

Nathan Zuccherato, 25, and Michael Roberto, 27, received an automatic sentence of life in prison without parole for at least 25 years for the deaths of Sanjeev Mann, Aaron Bendle and bystander Keni Su'a, outside the Bolsa Vietnamese restaurant in south Calgary.

Crown prosecutor Shane Parker said the verdict is a "significant blow" to the FK and FOB gangs, but there are more murder trials ahead.

"The sense I got from the Bendle family and from the Mann family is a sense of relief," said Parker.

"They're relieved that verdicts came in the way they were but ... it's never going to be enough because what those families and friends want, we can't deliver. That's their loved ones coming back."

For more local news visit metronews.ca/calgary

Lost. Job

▶ Calgary Stampeders quarterback Henry Burris makes a pass in Vancouver on Oct. 8. Calgary Stampeders head coach John Hufnagel will turn to Drew Tate at pivot for this week's CFL game against the Saskatchewan Roughriders, as Burris's erratic play of late has contributed to the Stamps recent two-game losing skid.

DARRYL DYCK/THE CANADIAN PRESS

Tate to start in place of Burris

Vigilante

Page from a comic

Superheroes aren't just in comic books anymore {page 6}

Detained in Italy

American priest who supports ordination of women held up {page 7}

Dispute

Voicing their concerns

Air Canada workers give Harper's constituency office a visit {page 4}

Not good for a marriage

Spouses who value money might face a tough relationship {page 19}

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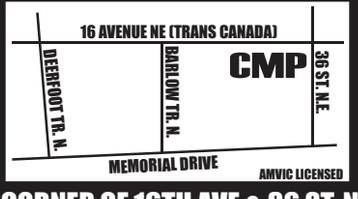

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Stamps commit to McMahon renovation

McMahon will be getting a facelift but when and what upgrades are still up in the air, according to the Calgary Stampeders.

Stampeders president Lyle Bauer said yesterday the franchise is committed to making McMahon a comfortable facility for the fans but was hesitant to put a timeline on the project.

"It's something our fans deserve," said Bauer. "There hasn't been a major upgrade to this facility in well over 20 years and nothing that would address concessions, washrooms, other amenities that other fans have in other facilities."

Bauer said every other city with a CFL team has addressed or is addressing their aging stadiums.

"It's difficult to watch Calgary fall behind other cities and I think that is what's happening."

The University of Calgary issued a request for a proposal for redevelopment of the stadium in March and Bauer said that is still moving ahead.

"We're waiting to hear from the university as far as that process," he said.

Though Bauer wouldn't speculate as to when work would be complete, he joked if it were up to him, things would be underway this week.

"Until you start, you really don't know. The sooner the better."

KATIE TURNER

KATIE TURNER/METRO

▶ Occupy Calgary participants held a meeting in Olympic Plaza Sunday afternoon to discuss the ground rules for staying in the park, as well as to decide what their collective goals are.

No need for both Occupy sites: Ald.

- City allowed St. Patrick's Island as designated spot for Occupy Calgary
- Over the weekend, demonstrators began setting up camp in Olympic Plaza

KATIE TURNER
@METRONEWS.CA

City officials are waiting for the other shoe to drop as Occupy Calgary demonstrators continue to hold out in two spots.

No fixed timeline has been put in place as to when the occupiers would have to leave Olympic Plaza, according to deputy chief Tom Sampson of the Calgary Emergency Management Agency.

Sampson said agencies such as the police and city bylaw are watching the situation but value citizens' right to protest.

"We're always trying to find that balance, frankly, on how far people go and what we allow."

Ald. Shane Keating said he understands the right to demonstrate but that the city has already designated a location for the protests.

"Having two sites is a little bit much," he said. "At a future time, a decision has to be made about where they can and cannot be."

Sampson said there is a tipping point at which time the city would shut things down.

"Either damage to the property or, frankly, inhibiting the use of others in those areas will be a point where we say, 'Look, we really appreciate that you came out.'"

Occupy facts

- Organizers have been requesting donations for food and other supplies.
- It is estimated more than 300 protesters were at Banker's Hall on Saturday.
- No arrests were made during the protest.

1 news

A new study argues in favour of a distinction between regular teenage shyness and a crippling social disorder. Scan code for story.

To scan 2D barcodes in Metro, download the free ScanLife app at 2dscan.com.

On the web at metronews.ca

So far, Bay Street rat-racers have been too preoccupied to pay much mind to their occupiers. Video at metronews.ca/video

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News in brief

Students grapple with deaths of peers

AFTERMATH. Grief counsellors are talking to students after four teens died in a weekend car crash. Magrath high school principal Rob Doig said the main concern for the school is to support the family and friends of Danae Gough, 14, Jorden Miller, 14, and Clay Card and Renzo Dainard, both 16.

Police say driver inexperience and speed were factors in the crash.

About 500 people attended a candlelight vigil Sunday night. "They always had something nice to say and they could always make you feel great about yourself even if you felt down," classmate Ciana Travagelia recalled.

THE CANADIAN PRESS

Dangerous offender loses appeal

CRIME. Roland Warawa, who fired a gun that blinded an innocent bystander, had argued before the Alberta Appeal Court that the trial judge made several mistakes. Jose Neto was hit in the face by a stray bullet during a shootout in Calgary in September 2008.

THE CANADIAN PRESS

Cyclist hits river barrier

CRASH. A cyclist was clinging to life yesterday after striking a closed barrier on the Bow River pathway near the Langevin Bridge. The rider was wearing a helmet and alcohol is not believed to be a factor.

METRO

Airline workers pay PM a visit

Ottawa quashed threatened strike last week Labour Minister Lisa Raitt referred Air Canada dispute to Canada Industrial Relations Board

KATIE TURNER
@METRONEWS.CA

KATIE TURNER/METRO

▶ Air Canada flight attendants chant, "Hey, hey! Ho, ho! Lisa Raitt has got to go!" outside Prime Minister Stephen Harper's constituency office yesterday.

"Negotiate, don't legislate." That was the slogan on many a sign brandished by Air Canada demonstrators yesterday as they voiced their concerns outside the Prime Minister's constituency office.

Dozens of flight attendants and their supporters were at Stephen Harper's southwest office in Glenmore Landing advocating for the right to strike.

"We want to tell the government that today we're here to protest the interference in the free collective-bargaining rights of workers," said Ricardo Miranda, representative of the Calgary-based workers.

Nadine Perrin has been a flight attendant with Air Canada for nearly 15 years and said she wants the power to negotiate without the threat of back-to-work legislation from Ottawa.

"How can you bargain in good faith when you're being threatened with that before you even begin to bargain?"

Rh'ena Oake, CUPE president representing the city's public-library workers, said she came to show support for fair negotiations.

"If it's allowed to happen with the flight attendants for Air Canada, who's next?"

Up in the air

- **Politicians returned to** Parliament yesterday after the Thanksgiving break.
- **Similar protests took place** in other parts of Canada yesterday.
- **Air Canada employs about** 6,800 flight attendants.

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News in brief

Flood evacuees living in limbo

WINNIPEG. Months after their reserve flooded, hundreds of evacuees from a Manitoba First Nation are still unable to return to their homes and Canada's national chief says living in limbo is taking a toll.

Water is still more than two metres higher than normal in the remote aboriginal community of Lake St. Martin, north of Lake Manitoba.

THE CANADIAN PRESS

Heavy drinking has a cost: Study

EXPENSES. The toll of excessive drinking works out to about $2 per drink, in terms of medical expenses and other costs to society, according to federal research in the United States.

The U.S. Centers for Disease Control and Prevention study calculated societal costs from binge and heavy drinking beyond what consumers pay at the bar or liquor store.

THE ASSOCIATED PRESS

Deal reached for new national park

SABLE ISLAND. The Nova Scotia government has reached a deal with Ottawa to make Sable Island the country's newest national park.

Premier Darrell Dexter signed the agreement in Halifax with Peter Kent, the minister responsible for Parks Canada.

The crescent-shaped island sits about 300 kilometres southeast of Nova Scotia and is home to 400 wild horses, as well as breeding grey seals and numerous bird species.

THE CANADIAN PRESS

Straight out of a comic

Masked avengers seem to be gaining popularity in the real world

Fabio Heuring was standing outside a Seattle nightclub with a friend on a Saturday night, smoking cigarettes, when a man bolting from a bouncer ran into them. Enraged, the man ripped off his shirt in the middle of the street and prepared to give Heuring's buddy a beating.

Just then, in swooped a bizarre sight: A self-proclaimed superhero in a black mask and matching muscle-suit. He doused the aggressor with pepper spray, much to Heuring's shocked relief.

A couple hours later, though, using those tactics on another group of clubgoers would land the superhero — Benjamin Fodor, better known as Phoenix Jones — in jail for investigation of assault, sending pangs of anxiety through the small, eccentric and mostly anonymous community of masked crime-fighters across the U.S.

GENE JOHNSON, MANUEL VALDES/THE ASSOCIATED PRESS

▶ Benjamin Fodor, a self-styled superhero who goes by the name Phoenix Jones, talks to reporters as he stands next to one of his attorneys, Matt Hartman, after Fodor appeared in court on Oct. 13 in Seattle.

The comic-book-inspired patrolling of city streets by "real-life superheroes" has been getting more popular in recent years, thanks largely to mainstream attention in movies like last year's Kick-Ass and the recent HBO documentary Superheroes. And as the ranks of the masked, caped and sometimes bulletproof-vested avengers swell, many fret that even well-intentioned vigilantes risk hurting themselves, the public and the movement if they're as aggressive as Jones. THE ASSOCIATED PRESS

660

The website reallifesuperheroes.org lists 660 members around the world. They range from members of the New York Initiative in New York City and the Shadow Corp in Saginaw, Mich., to a character named Nightbow who says he has patrolled the streets of Carlisle, England, for three years.

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U.S. priest held briefly in Rome

Reverend and a dozen supporters marched toward Vatican chanting for the ordination of women priests

ANDREW MEDICHINI/THE ASSOCIATED PRESS

▶ Ree Hudson, left, and other members of the Women's Ordination Conference group stage a protest in front of St. Peter's Basilica in Rome yesterday.

A U.S. Catholic priest who supports ordination for women was detained briefly by police yesterday after marching to the Vatican to press the Holy See to lift its ban on women priests.

The Rev. Roy Bourgeois and about a dozen supporters marched down the main boulevard leading to the Vatican holding a banner "Ordain Catholic Women" and chanting outside St. Peter's Square "What do we want? Women priests! When do we want them? Now!"

Police stopped the group and told them to take down their banners since they didn't have a protest permit. When police tried to take the banners, members of the group resisted, resulting in Bourgeois and two supporters being taken away in police cars, witnesses said.

The three were detained for about two hours at a Rome police station and released without being arrested or charged, though prosecutors were still investigating, said Bourgeois' attorney, Bill Quigley.

Bourgeois and members of the Women's Ordination Conference and other groups had come to Rome to deliver a petition signed by some 15,000 people backing Bourgeois, who is facing dismissal from his Maryknoll order for his support of women's ordination.

The Vatican's Congregation for the Doctrine of the Faith in 2008 ordered Bourgeois to recant his support for women priests or risk excommunication.

THE ASSOCIATED PRESS

Wet. March

▶ Protesters walk under heavy rain in Unduavi, Bolivia, as they advance toward the country's capital yesterday.

DOLORES OCHOA/THE ASSOCIATED PRESS

A long and winding protest

Indigenous and environmentalist groups began the estimated 390-kilometre march from Trinidad to La Paz on Aug. 15 to protest a government-planned highway that would cut through the Isiboro-Secure Indigenous Territory National Park, home to 15,000 indigenous people.

Chile demands volunteers for military

Chile is giving nearly 57,000 18-year-olds one month to report for potential military duty, saying the government needs to fill gaps in its armed forces because a nationwide student protest movement has reduced the number of volunteers it usually gets.

Military service is obligatory in Chile, but there are usually enough volunteers to fill the ranks so no one serves against their will.

Vargas blamed the student movement that has been campaigning for education reform since April for leading thousands of young people to boycott schools, thus closing doors to military recruiters.

THE ASSOCIATED PRESS

11,340 **An armed-forces spokesman said Chile needs a larger pool to fill 11,340 spots.**

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BRA Day to support survivors

The very first Breast Reconstruction Awareness Day, takes place across the country tomorrow.

Led by reconstructive surgeons and key stakeholder groups, BRA day is intended to educate and promote awareness and access for post-mastectomy breast reconstruction via community-based events and a new online resource — bra-day.com.

Last year, 92 per cent of women who underwent mastectomies did not pursue breast reconstruction.

For more information on the event, visit bra-day.com/events.php.

METRO

Matching. Pack

▶ These coyotes are said to have been cloned by disgraced South Korean scientist Hwang Woo-suk.

SHIN YOUNG-KEUN/THE ASSOCIATED PRESS/YOHAP

Claims of coyote clones

The eight coyotes were born in June as part of efforts to clone various species of animals. The animals will eventually be donated to zoos.

‘Occupy’ protests dig in globally

▶ A businessman sticks his tongue out in jest as he walks past tents erected by protesters from the Occupy London Stock Exchange group outside St Paul’s Cathedral. Protesters in cities across the globe have taken part in rallies inspired by the Occupy Wall Street demonstrations, expressing their frustration at social inequality and corporate greed.

Momentum for the movement

NEW YORK. The month-old Occupy Wall Street movement enjoyed its new momentum yesterday. U.N. Secretary-General Ban Ki-moon expressed sympathy with the protesters, and even protest-averse China said some issues raised are worth considering.

THE ASSOCIATED PRESS

“We saw what the banks and financial institutions did to the economy. We bailed them out. And then they went about evicting people from their homes.”

JOHN ST. LAWRENCE

FLORIDA REAL ESTATE LAWYER

Occupy protests head to court

UNITED STATES. Around the U.S., more than 350 people were arrested in a half-dozen cities during last weekend’s protests. Also yesterday, civil rights activist Cornel West was scheduled to appear in court in Washington after being arrested Sunday.

THE ASSOCIATED PRESS

It's hairy for Harper

Ottawa broadcasting students post YouTube video calling for PM to grow a moustache for Movember

JOE LOFARO
@METRONEWS.CA
METRO CANADA IN OTTAWA

The student-run radio station at Ottawa's Algonquin College is trying to convince Prime Minister Stephen Harper for a second time to grow a moustache in support of next month's Movember campaign.

The station might have to up the ante, though, after a government spokesperson said Harper's upper lip will stay bare this November.

"While the prime minister will not be growing a moustache this year, he does wish the organizers of this year's campaign every success in raising money and in increasing awareness of prostate cancer," read an email statement from Andrew MacDougall, the Prime Minister's Office associate director of communications.

CKDJ 107.9 program manager Ryan Gibson is confident he'll gather the 10,000 signatures he is seeking to convince the prime minister otherwise.

The station tried the same campaign last year, but was unsuccessful. Money raised from the Canada-wide campaign will go to Prostate Cancer Canada.

Last November, a number of MPs grew moustaches in support of the Canadian campaign, including Liberal Justin Trudeau and New Democrat Peter Stoffer.

Gibson said people can sign his petition, which is available at facebook.com/ckdjmovember.

MATT DUNHAM/THE ASSOCIATED PRESS

'Big splash' a financial flop

TORONTO. A call to make a "big splash" in the heart of Canada's financial district as the workweek began caused barely a ripple yesterday, but unfazed Occupy Bay Street protesters pledged to press their condemnation of the country's economic system.

THE CANADIAN PRESS

$300K

In New York, nearly $300,000 in cash has been donated through the movement's website and by visitors to the park. Donated goods range from blankets and sleeping bags to cans of food and medical and hygienic supplies. Supporters are shipping about 300 boxes a day.

For the long haul

- James Green, a spokesman for Occupy Nova Scotia, said yesterday the protesters planned to stay for the foreseeable future to push their message of social justice and economic equality.
- The dozens of people camped outside the Vancouver Art Gallery also said they were planning to stay for the long haul.

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fido

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Free apps at what cost?

RIM doesn't yet know financial impact of outage Company could lose about $26 million: Analyst

SCOTT OLSON/GETTY IMAGES

▶ A BlackBerry is shown last Wednesday in Chicago.

Free apps

- iSpeech Translator Pro: speech-recognition technology converts words, spoken or typed into the phone, into multiple languages.
- Drive Safely Enterprise: reads text and email messages aloud.
- Nobex Radio: streams AM, FM and Internet stations.
- Shazam Encore: premium version of song-recognition program displays lyrics with music.
- Vlingo Plus: Virtual Assistant: voice recognition allows users to text, update Facebook and other tasks.
- Photo Editor Ultimate: allows photo editing on the BlackBerry.
- Games: SIMS 3, Bejeweled, N.O.V.A., Texas Hold'em Poker 2, Bubble Bash 2.

The co-CEO of Research In Motion says the BlackBerry maker doesn't know yet what the final price tag will be for last week's global email, text and Internet outage.

Jim Balsillie says the Waterloo, Ont., company hasn't calculated the cost of offering BlackBerry users $100 in free apps and doesn't know yet how it will impact its earnings.

One analyst has estimated that if RIM were to compensate all carriers and customers for the down time of the BlackBerry network, its earnings would be negatively affected by three to five cents per share in the current quarter — a total of about $26 million.

Balsillie also says that so far wireless carriers have not asked him for compensation for the outage, which affected areas such as Europe, Africa, the Middle East and North America for varying lengths of time.

He says the free apps to consumers actually cost $5, $10 and $15. Balsillie defended how RIM communicated the outage to the public, saying every minute doing public relations is time not spent fixing the problem.

THE CANADIAN PRESS

FOOD AND DRINK

Get pasta on the go at Tim's

Tim Hortons is making room beside coffee, doughnuts and sandwiches on its menu for lasagna.

The restaurant chain says it will unveil the new pasta-to-go option with a beef lasagna casserole bowl starting Monday.

The move comes as Tim Hortons broadens its lunch menu in an attempt to keep customers from choosing competitors.

McDonald's has recently begun serving a broad selection of coffees alongside its regular menu while Starbucks offers an array of sandwiches and lunch packs.

Tim Hortons says the new product is intended to complement its hot soups and chili.

THE CANADIAN PRESS

German companies pledge for women

Germany's 30 top public companies pledged yesterday to increase the number of women who serve in top-level management positions during the next five years as the nation struggles to combat a shortage of qualified personnel by attracting more women to the workplace.

The pledges come six months after members of Chancellor Angela Merkel's government first sparked the idea that Germany lags far behind other industrialized nations in promoting women to its highest business positions — a problem it does not have on the political side. Yet the government remains divided on the key issue of whether gender equality can and should be legislated.

Labour Minister Ursula von der Leyen welcomed the companies' efforts, but criticized them for falling short of what is needed to convince women that they can have a career in Germany that would be as rewarding as a career abroad.

THE ASSOCIATED PRESS

ITSUO INOUYE/THE ASSOCIATED PRESS

▶ A customer shows his iPhone 4S.

iPhone 4S breaks sales record

Apple says it sold more than four million units of the new iPhone model in three days. It's selling more than twice as fast as the previous model when it launched last year.

Apple Inc. and its phone-company partners started selling the iPhone 4S on Friday in the U.S., Australia, Canada, France, Germany, Japan and Britain. That's two more launch countries than last year.

There are also more phone companies selling the phone. In the U.S., Sprint Nextel Corp. is the new carrier. When Apple launched the iPhone 4 last year, it sold 1.7 million in the first three days.

THE ASSOCIATED PRESS

Market moment

PRICES AS OF 5 P.M. YESTERDAY

TSX	Dollar	Oil	Natural gas 1,000 cu ft	Gold
- 158.7 (11,923.04)	- 1.12¢ (97.84¢ US)	- $0.42 US ($86.38 US)	$3.688 (- $0.15)	$1,676.60 (- $6.40)

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LIES MY TV TOLD ME

SHE SAYS ...

JESSICA NAPIER
METRO

I grew up on a steady diet of sitcoms. Before the days of Angry Birds and social networking, I turned to cable television for my nightly fix of mindless entertainment. And even though the programs were fictional, the zany antics of attractive ensemble casts started seeming pretty plausible after the second or third rerun.

Here are seven sitcom myths I had to unlearn once I realized that real life isn't an after-school special.

1. Having a career is just a plot device. Real people have jobs. You don't spend hours sipping cappuccinos and discussing your on-again, off-again love affairs in the middle of the afternoon; you actually have to work if you want to earn a living. Also, it's important to note that days at a real-life office aren't spent pranking each other with stationery in Jello moulds.

2. CHEERS: Where everybody knows your name. Your buddies don't hang out at one specific diner/coffee shop/bar all the time. Your social circle will be scattered across the city (or country) and you will rarely bump into your friends by chance. That's what Foursquare is for.

"Paleontologists do not look like Ross Geller. They just don't. On a related note: doctors don't look like Olivia Wilde and police officers rarely resemble Shemar Moore."

3. Everything you say is funny. Unlike situation comedies, your life doesn't come with a laugh track. If you make a bad joke, there is no guaranteed guffawing to validate you. In trying to come to terms with this, you may develop a nervous habit of chuckling after almost everything you say in an attempt encourage others to do the same. Or maybe that's just me? OK — moving on.

4. Everybody is attractive. Paleontologists do not look like Ross Geller. They just don't. On a related note: doctors don't look like Olivia Wilde and police officers rarely resemble Shemar Moore.

5. Ex-lovers only reappear in re-runs. Your ex-boyfriend is not a hunky guest star that disappears after a four-episode arc. You'll inevitably run into him, probably when you're on your way home from the gym or sick with a head cold.

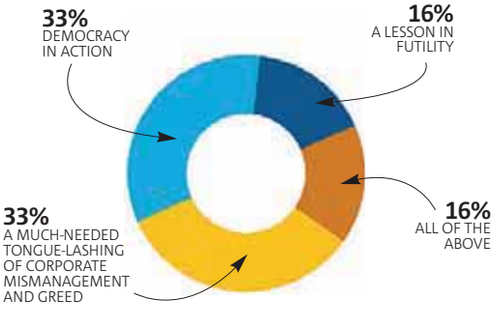
6. Have you seen my awesome apartment? Twenty-somethings don't shack up with astonishingly attractive roommates in impossibly expensive 2,000-square-foot industrial lofts. It's more likely that you'll end up living in a modest rental unit with your parents' old furniture and a mouse problem.

7. Being single is the best! Singledom is hardly a slew of comical encounters with eccentric yet loveable characters; most first dates are awkward and entirely underwhelming — hilarity does not ensue. There are also plenty of lonely, miserable nights; they just don't show that on TV.

Read more of Jessica Napier's columns at metronews.ca/shesays

Register at metropolitanpanel.ca and take the quick poll

The Occupy Wall Street protests are:



Local tweets

- **@Camille Ashton:** Is there a distracted cycling law? Just saw a biker almost faceplant while talking on the phone and riding. #yyc
- **@chanelleanne:** Pinot grigio will always remind me of the best times in the #YYC- one bedroom apartment w 4girls2cats1roxy @jessicacarmich @missmartinezxo
- **@ErinKelsy:** I spend way to much time in traffic on #crowchild in #yyc ... 3d time today.. lovely
- **@chrissyevanss:** Is it distracted driving if you have 2 kids yelling and singing at the top of their lungs? #newlaw #yyc
- **@DJ_MrKyle:** So it seems no one really likes their bank. Anyone? #help #yyc #leavingATB
- **@jacileybear:** what? it's 5 o clock, WTH....where did Monday go? #yabbadabbadoo #yyc...except, I refuse to leave until bow trail chills out
- **@danielwithal:** 88.1 AVR is the closest #yyc has to urban radio but needs more Steve Harvey personality and less Steve Hawking news readers...

Letters

The 99 per cent that Occupiers represent are demanding change and are gaining supporters from all walks of life.

In the past, the North American and European economies were dependent on an automobile sector, decent wages and population growth. Not to mention a need for consumers to keep on spending to keep the economy going. What is happening now is literally the opposite.

The gap between the rich and the poor is increasing dramatically.

The population is aging and there are less working people to support the government and society. Corporations are outsourcing jobs to countries like China and India. There are less decent-paid jobs now and unemployment is increasing. The people are no longer earning $30 per hour unless you work for the government. This is reducing consumer spending, saving, and increasing debt. The population is basically scrambling for minimum-wage jobs.

Occupy Wall Street is an interesting phenomenon because it reflects this anxiety.

ALEX SANGHA
DELTA, B.C.

photo of the day

▶ This photo titled A Still More Glorious Dawn Awaits was submitted to the Imagination category by vanessapaxton from Toronto.

Metro invites its readers to join the Metro Global Photo Challenge — running in 100 cities on four continents — to win fantastic prizes and worldwide recognition. Enter your digital photos at metrophotochallenge.com. The contest runs until Nov. 22. As well as a chance to win a trip to any city Metro publishes, one submission will also be featured here daily.

WEIRD NEWS

'Excuse me officer, I was driving good'

Police say a Detroit-area man had his nine-year-old daughter drive him to the store because he had apparently been drinking.

Brownstown Township Detective Lt. Robert Grant said yesterday the girl was sitting behind the wheel in a child's booster seat before 3 a.m. on Oct. 8 when an officer opened the driver's side door of the full-sized panel van her father uses for work.

Grant tells the Detroit Free Press newspaper the girl said to the officer: "What did you stop me for? I was driving good."

Someone called police after spotting the pair stopped at a gas station. The caller watched the girl get in the driver's seat and pull the vehicle onto the road.

"She's driving pretty good, I'm telling ya. I can't believe it," the man told the dispatcher.

The father was arrested and is facing several charges, including second-degree child abuse.

The daughter told officers her father had been drinking whiskey all night and took her out to drive."Very sweet, intelligent little girl," Grant said. THE ASSOCIATED PRESS

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2 scene

Scene in brief

Opera star Measha Brueggergosman and songwriter Stephan Moccio will join Martin Short on the Canada's Got Talent judging panel. Citytv also announced that Toronto TV personality Dina Pugliese will host the show. Brueggergosman is a Juno-winning soprano. Moccio is known for writing the song I Believe for the Vancouver 2010 Olympics.
THE CANADIAN PRESS

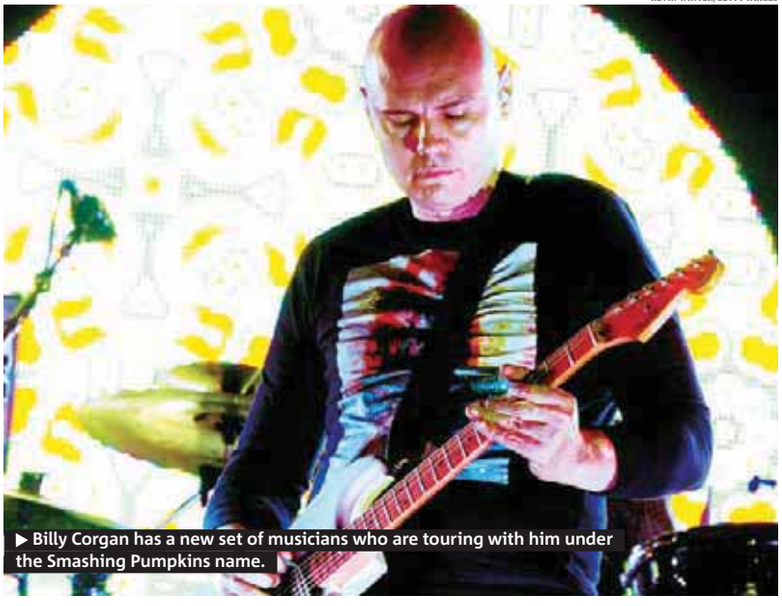
E! News' host Giuliana Rancic says she has been diagnosed with breast cancer.

Smashing the past

Billy Corgan talks new tour and his desire to bring the Smashing Pumpkins into the present

HEIDI PATALANO
SCENE@METRONEWS.CA
METRO WORLD NEWS IN NEW YORK

KEVIN WINTER/GETTY IMAGES



▶ Billy Corgan has a new set of musicians who are touring with him under the Smashing Pumpkins name.

Billy Corgan is one of the titans of the '90s alternative rock scene. He's a polarizing figure in some circles, having issued a few controversial remarks in the past regarding his ex-band mates, with whom he no longer tours. But with a new set of musicians touring under the Smashing Pumpkins name, Corgan wants to bring the band into the present with his latest tour.

Does the music you write under the Smashing Pumpkins name differ from material you've written as Zwan or your self-titled work?
It's weird because the whole idea with the Pumpkins originally that evolved in the early days was more that it was supposed to be kind of an experimental excitement kind of thing whereas away from the Pumpkins, I tend to write a little bit more traditional music. [It's] probably a little more obvious in a way. For whatever reason, the Smashing Pumpkins, the idea of the band or the spirit of the band, has always pushed me to force myself out of my comfort zone. If it's just me, Billy Corgan, I guess I want to try different things. There's something about the way the band was formed as being in awe of rock 'n' roll but also wanting to destroy rock 'n' roll. That spirit still pervades everything that goes on with the Pumpkins. Somehow that only seems to exist under that banner.

So then, how does one destroy rock 'n' roll?
Maybe it's different now, but let's say 20 years ago there was sort of an unwritten rule that you don't talk about how fake rock 'n' roll really was. If you saw this interview with Iggy Pop and he was talking about these amazing books he was reading, people would scratch their heads and say, 'I thought he was kind of stupid and rolled around in glass.' They would be disappointed. So the Pumpkins came along and were willing to poke holes, particularly in the indie alternative world, in the facetiousness of the whole thing, this idea that we were all living in vans down by the river. It was this kind of fantasy that musicians were a subterranean class, were able to create works of incredible beauty or something. So we were just like, oh f— all that.

Where do you see innovation happening in music?
Honestly, I think in terms of predicting something, the future of rock 'n' roll is probably in mixed media. Because it always starts in the basement with a 16-year-old. What can she do to actually change rock 'n' roll? Maybe she figures out a very cheap, easy but creative way of combining moving image, a personal vision, and music. So imagine like, a 16-year-old girl puts out a 20 minute film that she did on her own of moving images, songs that she created and suddenly, a million teenage boys and girls connect to what she's doing, not just because of the song, but also the way she's cut the music and the sound effects, like a personal statement of her world but more three dimensional than say just music is. I think that's the future of rock 'n' roll.

In going into your back catalog as you kind of have to, are there any songs that you love playing again and are there songs you'd never play again?
Honestly, every time I tour, I look at the whole list and I go with what I feel. Songs we're playing on this tour, some songs I haven't played in like 17 years.

Like what? Which songs?
Oh, I can't give that away. But some songs you play and it's 'oh, it feels good to play this after 17 years.' But nothing's prohibitive. I love playing my songs. I've gotten a bad rap for being picky about what I'll play ... but it's weird because sometimes it's not so much that I don't want to play the song but it's the audience's expectations that effect what I want to play. I'll give you a perfect example. You'll play a new song that's a pretty good song, a song you have confidence that it's a pretty good song and the audience applauds and then you play a mediocre old song and the audience acts like it's the greatest song they've ever heard. As an artist, you're standing there saying, OK, that's not real. That's not a real reaction to what's happening. That's a memory-sensory reaction.

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DVD Releases

Buy it | **Rent it** | **Borrow it** | **Yawn** | **Don't bother**

Green Lantern

Genre: Action
Director: Martin Campbell
Stars: Ryan Reynolds, Blake Lively, Peter Sarsgaard

Canada's Ryan Reynolds shines dimly as the Green Lantern, the summer actioner of the same name based on the DC Comic and directed by Martin Campbell.

Reynolds is Hal Jordan, a cocky test pilot who busts up billion-dollar prototypes just for the hell of it. Oh, and to impress Carol Ferris (Blake Lively) who plays a corporate scold, frustrated pilot and Jordan's occasional bedmate.

The buffed-up Reynolds proves to be an inspired hire. His Jordan manages to keep a straight face when he meets a dying purple alien who hands him a Crackerjack toy ring and advises: "The ring chose you."

For what? The slim story involves digital green Spandex and a tour of the outer cosmos, where Jordan confers with a gaggle of emerald-obsessed interplanetary cops who call themselves the Green Lantern Corps. They're ruled by the Guardians, one of whom has gone rogue and turned into a planet-eating smoke entity called Parallax. Jordan will have to fight Parallax to save Earth. Were you expecting anything less?

Reynolds shows promise in the role, if future installments of what's sure to be a franchise are able to scrape away some of the digital green goo that threatens to drown this film — which seems more Saturday morning cartoon than Friday night date — and deliver a more satisfying story. That will be hard to do with a series as loopy as this one.

Extras, mostly on the Blu-ray, include additional scenes, "Maximum Movie Mode," extended cut and making-off featurettes.

PETER HOWELL

Bad Teacher

Genre: Comedy
Director: Jake Kasdan
Stars: Cameron Diaz, Jason Segel, Justin Timberlake

Bad Teacher instructs us that Cameron Diaz needs to return to comedy school: being pitiful isn't the same as being funny.

She plays Elizabeth, a seventh-grade English teacher at a suburban Illinois middle school. She's a free-spending floozy with a substance-abuse problem, untreated chronic depression and a near-sociopathic disregard for the needs and feelings of others, especially her students and fellow teachers.

Lack of suitability for her job doesn't matter much to Elizabeth; she plans to ditch it anyway, and marry her rich fiancé (Nat Faxon).

Writers Gene Stupnitsky and Lee Eisenberg (vets of TV's The Office) surround Elizabeth with one-dimensional sitcom types: a butt-covering principal (John Michael Higgins), an introvert with esteem issues (Lynn Davies), an extrovert with control issues (a game Lucy Punch) and a naïve supply teacher (Justin Timberlake, a former Diaz beau) who is as dim as a small appliance bulb.

Despite the extra talent, the main comedic course load falls to Diaz, who proves unable to bear the burden under Jake Kasdan's flat direction.

It's too bad for Diaz. She badly needed a hit after recent duds like The Green Hornet and Knight and Day.

Extras include deleted scenes, featurettes and unrated version of film (Blu-ray only).

PETER HOWELL

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Lopez looks ahead

Comedian George Lopez, whose late-night show was cancelled by TBS, is creating a new sitcom

Comedian George Lopez said he is creating a new family-orientated sitcom where he will play a father and husband, vowing to return to television less than two months after TBS cancelled his late-night show Lopez Tonight.

Lopez told The Associated Press his now untitled show "will be the opposite" of George Lopez, the syndicated television sitcom that aired on ABC from 2002 to 2007 and made him a household name.

He also plans to star in his third live HBO standup special next year, his first since 2009.

Viewership for his late-night show on TBS declined heavily in its second year.

He says the show suffered after he lost his 11 p.m. ET time slot to Conan O'Brien. He said TBS' plan was for Lopez to go on after O'Brien at midnight and win over O'Brien's young viewers.

"I was heartbroken (when Lopez Tonight was cancelled). Late-night talk show needs diversity"
ACTRESS EVA LONGORIA

Instead, Lopez's total viewership dropped 40 per cent in its second year, from an average of 910,000 nightly viewers to 543,000. By August, the audience had dropped to 391,000.

The comedian said it is unfortunate his show was cancelled because there are few minority hosts on late-night television.

"I was heartbroken. Late-night talk show needs diversity," actress Eva Longoria told the AP of the cancellation. She attended a charity gala with Lopez in Las Vegas Saturday night.

Lopez, who often lampoons his Mexican heritage and upbringing, said there will not be a grandmother figure on his new show.

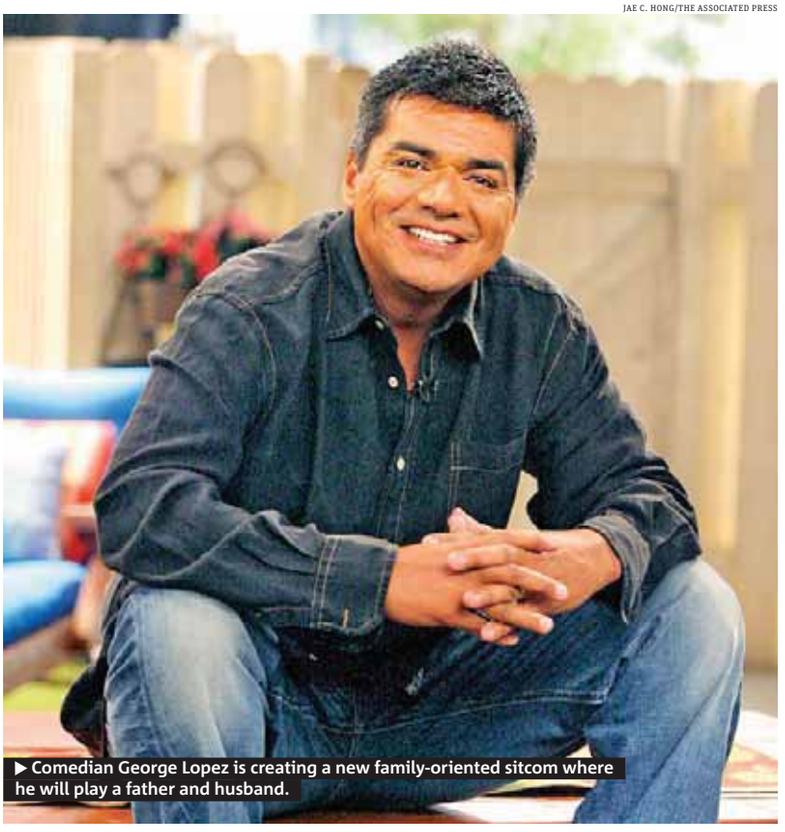
On George Lopez, Lopez often verbally sparred with an actress who played his mother.

He promised he would tease all of his co-workers if the show is picked up for TV next fall.

"Whoever is my relative, I will not be nice to them," he said.

THE ASSOCIATED PRESS

JAE C. HONG/THE ASSOCIATED PRESS



▶ Comedian George Lopez is creating a new family-oriented sitcom where he will play a father and husband.

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‘We’re terrified of facing ourselves’

Star Trek actor Zachary Quinto reveals sexuality Hopes to inspire others to be proud of who they are

ALL PHOTOS GETTY IMAGES

Zachary Quinto

For the first time, Zachary Quinto has opened up about being gay, explaining in an interview with New York magazine how much starring in the AIDS-themed Angels in America has affected him, calling it the “most challenging thing I’ve ever done as an actor, and the most rewarding.

At the same time, as a gay man, it made me feel like there’s still so much work to be done, and there’s still so many things that need to be looked at and addressed.”

Quinto, who had previously refrained from comment on his sexuality, says he was compelled to do so after the suicide of bullied 14-year-old Jamie Rodemeyer.

“As a gay man, I look at that and say there’s a hopelessness that surrounds it,” he says. “But as a human being I look at it and say, ‘Why? Where’s this disparity coming from, and why can’t we as a culture and society dig deeper to examine that?’ We’re terrified of facing ourselves.”

METRO

Celebrity tweets

@ZacharyQuinto

“i have spent the day in awe of this outpouring of support and resonance. we. are. in. this. together. NEVER FORGET! i am deeply moved. ”

@AlecBaldwin

“Sitting in a restaurant with @hilariathomas and some VERY drunk people are railing against progressive politics. Madre Mia!!!!!!”

@JerrySeinfeld

“Wolf Blitzer beard. Grow it in. Shave it off. I don’t care. Just do something. Can’t take it anymore.”

@GarryShandling

“I like Herman Cain because if elected you get another president for half-price.”

Iconic actress remembered by loved ones

Elizabeth Taylor was honoured by friends and family at a memorial event held on the Warner Bros. lot in Burbank over the weekend, according to People magazine.

Hosted by Colin Farrell, the event was attended by Taylor’s children Michael and Christopher Wilding, Liza Tivey and Maria Burton, and stepdaughter Kate Burton, as well as friends such as Michael Caine and Elton John, who performed at the ceremony.

METRO

Osbourne uses new show to take pot shots at old rival, Aguilera

Kelly Osbourne clearly hasn’t gotten over the teasing she claims to have received from Christina Aguilera over the years, and she’s using her E! show, Fashion Police, to get some payback.

“She called me fat for years. I was never that fat,” Osbourne commented while showing unflattering photos of Aguilera performing at a Michael Jackson benefit concert in Wales last week.

Her co-host, Joan Rivers, also got in on the act, adding, “Lady Marmalade got into the peanut butter again.”

METRO

Kelly Osbourne

Christina Aguilera

Rocker says he ‘won lottery’ with Gwyneth

Chris Martin admits that he’s only really had one serious relationship in his life — his marriage to Gwyneth Paltrow.

“That’s right. I’m in it,” he says in an interview with CBS. “It’s a giant leap. Let’s face it, it’s like winning the lottery.”

Chris Martin

Martin, who rarely speaks openly about his family life, also says his two kids with Paltrow — Apple, 7, and Moses, 5 —have had quite an impact on his career with Coldplay.

“It’s made it more focused,” he says. “And you have a purpose. I like what it does. Just the idea of having to work hard so your kids are OK.”

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3 life

New study shows

Ten per cent of women worry more about their waistline than they do about their relationship. The survey revealed that these women admitted they felt guiltier cheating on their diet on their partner.
METRO

UK medical group rejects 1st drug to extend lives for patients with advanced skin cancer

ISTOCK PHOTOS

▶ Before you take on barefoot running, be sure to ease into it.

Benefits of barefoot

Running sans shoes has been catching on more in fitness circles But there are questions about why it could be good for you Experts suggest easing into a new style to avoid injury

CELIA MILNE
LIFE@METRONEWS.CA

Is barefoot beautiful?

It's becoming more common to see people running with bare feet or wearing super-light shoes.

But should you toe the line?

To find out if this is a more "natural" way to run, Metro contacted Dr. Reed Ferber (PhD), director of the Running Injury Clinic and an associate professor in kinesiology at the University of Calgary.

He believes at the moment the trend is driven more by marketing than health.

"There is no research to support that running barefoot, or in a minimalist shoe, will improve performance or reduce injury risk," he says.

Given time, research might reveal benefits. Dr. Dan Lieberman in the department of human evolutionary biology at Harvard University is studying how the naked foot lands during running versus how the shod foot lands, and what impact this has on the body.

He is trying to figure out why humans apparently need fancy shoes to run when they ran without them for eons.

One theory is that some people don't need elevated and highly cushioned heels because they land on their mid-foot or forefoot rather than their heel.

Dr. Ferber estimates that less than 10 per cent of the population has the proper anatomical alignment, adequate ankle stabilizer strength, and calf muscle flexibility to run in a barefoot-style shoe.

"The rest are at risk for injury unless they transition properly," he says.

If you are interested in switching to barefoot running, Dr. Ferber recommends easing into it over four to six weeks and taking a few months to regain your pre-switch mileage.

It's also important to do gentle calf raises after running to strengthen calves, which will be impacted differently when you run barefoot.

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You'll never look at a cell the same way

Some cellphones harbour E. coli bacteria, U.K. hand washing study finds So, maybe, don't take your phone into the bathroom any more

A new hand washing study has found cellphones teeming with bacteria — and some even harbour the sort of germs that should give people an incentive to scrub better after visiting the washroom.

Sixteen per cent of hands and mobile phones examined for the study, conducted in 12 cities in the United Kingdom, were found to carry E. coli, which originates in fecal matter and can cause diarrhea and vomiting.

"We sent some of my students up and down the length and breadth of the country with a number of swabs, and they swabbed hands and the mobile phones associated with them, and they brought their swabs back ... to identify the prime organisms," said Ron Cutler, director of biomedical science for degree programs at Queen Mary, University of London.

"One of the major relationships was that basically if your hands are very dirty, then your phone tends to be also very contaminated with the same type of bacteria," Cutler said Friday.

An analysis found 92 per cent of phones and 82 per cent of hands had traces of some type of bacteria on them.

THE ASSOCIATED PRESS

ISTOCK PHOTO

▶ Your phone is carrying more germs than you know.

Best Health Minute

BONNIE MUNDAY, EDITOR-IN-CHIEF, BEST HEALTH MAGAZINE

The truth about parabens

When you see 'Paraben free' on a beauty product's label, you might assume that parabens are a bad thing.

But it's not as clear cut as that, and it's a subject that our beauty editor Rhonda Rovan explores in the October issue of Best Health.

What does Health Canada say?

In products without parabens as a preservative, the replacement is often another chemical preservative, called phenoxyethanol.

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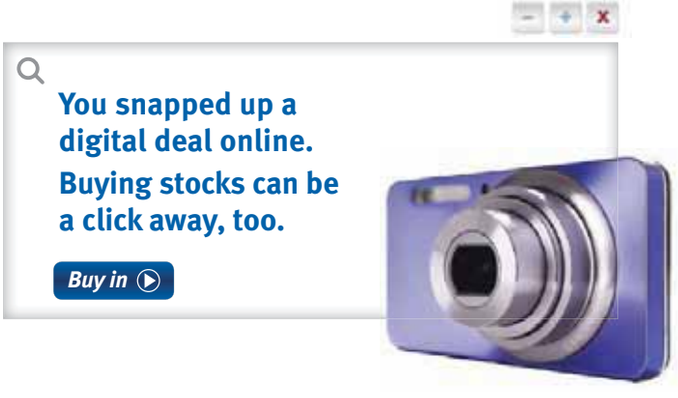

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bodhi
well-being and healing center

Bodhi Well-Being & Healing Center is an authorized center for Pranic Healing affiliated to Canadian Pranic Healers Association in Canada as well as World Pranic Healing Foundation and Institute for Inner Studies, Philippines.

Pranic healing is an ancient science and art of healing introduced to world by Grand Master Choa Kok Sui. Pranic healing is highly advanced and potent, no touch, no drug healing modality.' Prana' is a Sanskrit word, means life force, is a key for happy, healthy, and prosperous life.

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1. Law of self-recovery
2. Law of life energy

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Please bring your family and friends for introduction evening on 28th October'2011 at 7:30 PM at Hotel Acclaim with Master Nona. Our Next Level 1 Pranic Healing Seminar is on 19th and 20th of November'2011. For details contact us at 403-918-6225 or www.bodhiwellbeing.com

It's about more than just beer

It may be called The Bottlehouse Beer Parlour but this eatery also offers tasty eats like fish & chips and burgers Choose from more than 80 brews

DAN CLAPSON

Skinners Brown Ale Fish & Chips ($15.95)

LUNCH RUSH

DAN CLAPSON
FOOD@METRONEWS.CA

Often overlooked, The Bottlehouse Beer Parlour is a short walk from Calgary's core. It's the perfect place to escape downtown for bite to eat.

For lunch, I enjoyed the Street Fighter Burger with fries ($14.95). A six-ounce patty was topped with the usual suspects — back bacon, a fried egg, havarti cheese and tortilla strips. Needless to say, it was a mouthful.

The crisp tortillas gave the burger a nice crunch, but a thicker spread of the kalamata mayo would have been ideal, as its taste was lost amidst everything else going on.

My date had the Skinners Brown Ale Fish and Chips ($15.95) with homemade apple cider slaw and fries. The batter was light, the fish was fresh and the slaw had a nice sweetness.

The only (minor) downside to both of our dishes were the fries, which fell short in crispness and seasoning.

I recommend having a beer to wash back your meal. The Bottlehouse has more than 80 brews to choose from!

The Bottlehouse Beer Parlour
102 10th St. N.W.
403-265-0018
bottlehouse.ca
Price range: $10.95-$15.95
Rating: 3.5 out of 5

Chokladboll (Scandinavian treat)

Preparation:

1. In bowl of food processor, pulse oats, sugar and cocoa powder to combine. Add vanilla and butter and pulse again, to mix. Add coffee and pulse until mix has come together. Remove blade and give mix a stir. Refrigerate for 1 hour.
2. Place coconut in a shallow dish, such as a pie tin. Roll chocolate-oat mixture into 3-cm (1 1/4-inch) balls, then roll each in the coconut. Refrigerate in an airtight container.

THE ASSOCIATED PRESS/ ALISON LADMAN

Ingredients:

- 875 ml (3 1/2 cups) quick oats
- 250 ml (1 cup) sugar
- 125 ml (1/2 cup) cocoa powder
- 5 ml (1 tsp) vanilla
- 150 ml (10 tbsp) butter, room temperature
- 125 ml (1/2 cup) cold coffee
- Shredded coconut

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Cereal: The key to great meat loaf

MATTHEW MEAD/ THE ASSOCIATED PRESS

This meat loaf serves four.

Preparation:

1. Heat oven to 190 C (375 F).
2. In food processor, place mushrooms, pulse until finely chopped. Scrape into mixing bowl. Add kamut and broth to processor, process until kamut coarsely crushed.
3. To bowl of mushrooms, add crushed kamut and broth, egg white, garlic, 30 ml (2 tbsp) of the ketchup, salt and pepper. Stir until well mixed. Add ground beef and ground turkey, then use your hands to mix well.
4. Spread meat mixture evenly in a non-stick loaf pan. Spread remaining 30 ml (2 tbsp) of ketchup evenly over top.
5. Bake for 30 minutes or until meat loaf reaches 74 C (165 F). Remove from oven and pour off excess liquid from pan, using a spatula to hold meat loaf in pan while pouring. Let stand for 5 minutes. Slice into 4 servings. THE ASSOCIATED PRESS/ ROCCO DISPIRITO

Ingredients:

- 175 g (6 oz) cremini mushrooms
- 250 ml (1 cup) puffed kamut cereal
- 75 ml (1/3 cup) fat-free, reduced-sodium chicken broth
- 1 egg white, lightly beaten
- 1 clove garlic, minced
- 60 ml (4 tbsp) low-sugar ketchup, divided
- 1 ml (1/4 tsp) salt
- 0.5 ml (1/8 tsp) ground black pepper
- 250 g (8 oz) lean ground beef
- 125 g (4 oz) fat-free ground turkey breast

ISTOCK

▶ This man may be smiling, but do you think he is crying on the inside?

Money can't buy you love

Materialism in spouses hard on marriage, study says

It seems that being a material girl — or guy — can be hard on a marriage, especially if both spouses place a high value on money and accumulating possessions, research suggests.

In a study by Brigham Young University, researchers found that materialism in a spouse was associated with lower levels of responsiveness to the partner, less emotional maturity, poor communication and higher levels of conflict.

The study, published Thursday in the Journal of Couple & Relationship Therapy, also found that love of money in one or both spouses led to reduced satisfaction in the relationship and threatened the marriage's stability.

"We did find that materialism is harmful to marriage and that the effect of it seems to be widespread," lead author Jason Carroll, a professor of family life at Brigham Young in Provo, Utah, said in an interview. "This is more of an erosion pattern, rather than a landfall pattern."

Carroll said couples in which both spouses reported not caring about money — about 14 per cent of the group — scored 10 to 15 per cent higher on marriage stability and other measures of relationship quality than did couples where one or both are materialistic.

"If we prioritize relationships and keep them at the top of our focus, that really helps us from getting sucked into the materialistic messages in the culture and helps us get to where true happiness will be found."
PROFESSOR JASON CARROLL

The effect was particularly pronounced when both the husband and wife worshipped at the altar of consumerism, as was the case in about 20 per cent of participants.

"Couples where both spouses are materialistic were worse off on nearly every measure we looked at," he said.

The study involved 1,734 married couples across the United States. Each spouse filled out a questionnaire, which included a self-report on how much he or she values "having money and lots of things."

Researchers expected there would be more conflict and lower marital satisfaction when there was a mismatch in values between partners, with one being materialistic and the other not, Carroll said.

"However, our study found that it's actually the couples where both have high levels of materialism that struggled the most," he said. "So even when spouses were unified in that value stance, they were the couples that (fared the worst)."

Carroll said being materialistic could lead some people to spend more than they can afford, creating debt and financial stress that can wear away the emotional glue that holds couples together. The focus by one spouse on money and what it can buy can also leave the partner feeling neglected and unhappy, he suggested.

With fears about the volatile economy, those whose happiness relies on augmenting and showing off their possessions may have difficulty if forced to tighten their belts, he said.
THE CANADIAN PRESS

HOW TO DEAL WITH INAPPROPRIATE CHATTER

CHARLES THE BUTLER

ASKCHARLES THEBUTLER@ METRONEWS.CA

FOR MORE, VISIT CHARLES MACPHERSON.COM

ISTOCK

▶ If someone continues to say things that make you uncomfortable, it's a good idea to speak directly to that person. That's a better option than staying silent.

What do I do in situations where, in a social group, somebody starts to say something totally inappropriate for the situation and I need to interrupt the speech, and talk about something more neutral. Or somebody asks questions I do not wish to answer. In both cases I need to be very polite but do not know what to do or say. Please help. Elizabeth

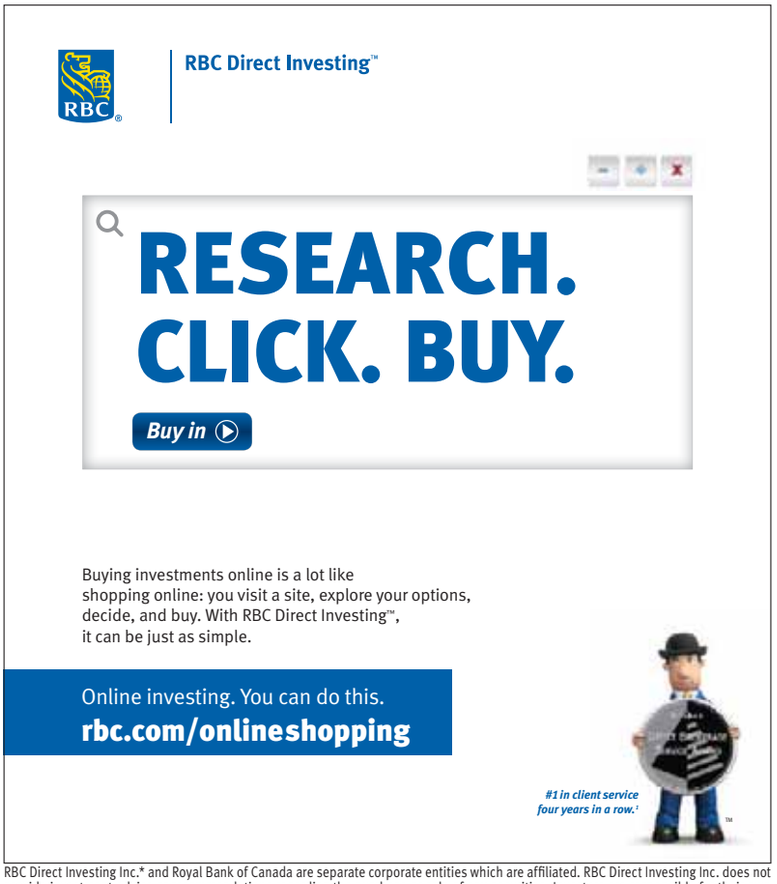
Dear Elizabeth,

It can be very uncomfortable when you are with a group of people and someone begins to say or ask inappropriate topics of conversation.

First, try to draw as little attention to the matter as possible. I would say nothing and as soon as the person is finished talking, I would immediately go back to the conversation at hand.

If this person continues to say things publicly that make you uncomfortable, your best bet is to speak with this person privately and mention that these questions they ask make you uncomfortable and could they please respect your privacy and not ask such things.

HAVE A QUESTION? EMAIL CHARLES AT ASKCHARLESTHEBUTLER@METRONEWS.CA.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WHAT'S THE BOTTOM LINE ON MORTGAGE BROKERS?

FUN AND FRUGAL

LESLEY SCORGIE
MONEY@METRONEWS.CA

There are over 400 types of mortgage products on the market and it's hard to know whether you're selecting the right one. That's why Canadians are using independent mortgage brokers at an alarming rate because mortgage brokers can save you time and money!

An independent mortgage broker isn't tied to any financial institution and instead works on behalf of you, the client, rather than the lender. Because they are not employees of a lending institution, mortgage brokers are not limited in the product they can offer you.

They can seek out the best mortgage options to suit your specific situation, from a multitude of lenders — banks, trusts, private companies, or insurance firms. Their primary role is to provide unbiased mortgage options and advice to clients.

Mortgage brokers can get better deals on mortgages, terms and rates because they have direct access to lenders. Once you've met with one, they'll prepare a funding proposal and shop it around to get the best and most appropriate mortgage options.

Brokers with strong networks can often get nearly instant approvals and they can negotiate better rates and terms on your behalf.

In the vast majority of cases, clients don't have to pay for the services of a mortgage broker. Instead, when the broker matches a lender with a buyer and a mortgage is placed, the broker is paid by the lender. Their paycheque is based on the size of the mortgage, not the rate.

Major financial institutions have groups of in-house "mortgage brokers". But they're different from independent brokers as they sell clients mortgage products that are exclusive to the bank. If you're keen to stay loyal to your bank, you can ask your independent mortgage broker to negotiate specifically with your financial institution.

Be careful who you choose to work with. Not all brokers are great and have their client's best interests in mind. Get referrals from trusted friends or family members. Research current rates and structures in advance of meeting with a broker. That way you'll have some idea of what you're hoping to achieve and can clearly communicate it.

Learn how to be a money-smart mama

Whether you're single or partnered, you need a plan in case you get ill The right insurance can protect you

ISTOCK

Financial preparedness is essential for mothers.

Among the 2,115 Canadians who participated in the 2011 Desjardins Financial Security Health Survey, 67 per cent said that an illness would make them financially vulnerable.

Another 77 per cent who live with children were afraid that they would use up their savings during recovery, leaving no money for their children's education.

The survey also pointed out that women fear the potentially devastating effects of cancer more than any other serious illness.

"What's interesting is that women today are able to assert their independence by their lifestyle and career choices, but many still find financial planning to be very stressful," said Janey Leslie, a certified financial planner with Desjardins Financial Security.

"Statistically, women live longer than men, they play a key role in family care-giving and decision-making, but they are often in a more vulnerable financial position. So, it's essential that women become better prepared financially in case of an emergency, like a serious illness."

Every working mother with dependants should have a financial safety plan that includes three distinct layers, says Leslie.

1. Disability insurance: It's a valuable, must-have protection that pays a regular benefit based on the person's monthly salary, which can be used to cover everyday financial commitments.

2. Extended medical insurance: Even with the protection of disability insurance, many women are not able to pay for all of the drugs and treatments associated with a serious illness.

And it's important to point out that they also may not be covered by their provincial health care system.

An extended medical insurance plan is an excellent protection against these high costs.

3. Critical illness insurance: It's often the missing piece of the puzzle, but luckily it's a product that's growing in popularity. In fact, sales of critical illness insurance in Canada have doubled in the past 10 years.

It provides a substantial lump-sum payment tax-free, which can be used for anything.

"Statistically, women live longer than men, they play a key role in family care-giving and decision-making, but they are often in a more vulnerable financial position."

JANEY LESLIE, CERTIFIED FINANCIAL PLANNER WITH DESJARDINS FINANCIAL SECURITY

For example, even the minimum benefit of $25,000 would allow someone to make a year's worth of mortgage payments or travel outside the country to seek the best medical care available.

Imagine what $100,000 or $250,000 would allow them to do? **NEWS CANADA**

POPQUIZ

How can your families save money during tax season this year?

A: Use the Universal Childcare benefit towards your children's RESP.

B: Stop feeding growing teenagers second helpings at dinner.

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MOUNT ROYAL COURSES HELP TURN DREAMS INTO REALITY

Everyone loves pizza, and Calgarians love Una Pizza + Wine.

In 2007, Kelly Black and Jayme MacFayden came up with an idea to start a restaurant business, but did not know where to begin.

By taking the Entrepreneurship Certificate of Completion through Mount Royal University Continuing Education, they were able to gain the confidence and knowledge to open Una Pizza + Wine in 2010.

"I could not imagine starting a business without taking that course," says Kelly Black, co-owner of Una Pizza + Wine on 17th Avenue southwest.

With no business background, Black and MacFayden came from the restaurant industry and wanted to open up a place where service industry staff could go to get food after their shifts.

They went into the course with a clear idea of what they wanted to do, although, at the time, it did not involve pizza.

The courses helped Black and MacFayden turn their idea into reality and show them that running a small business is hard work.

"The romance of owning your own business is just that, a romance," says Black.

"It is a lot of work."

Black says the instructors like Judy McMillan-Evans, did not sugarcoat the idea of running a business.

"She was a straight shooter. She kept everything grounded," says Black.

Since opening in January 2010, Una Pizza + Wine has quadrupled their projected sales laid out in the original business plan and have been named Avenue magazine's Best New Restaurant for 2011.

"We pretty much have a lineup seven days a week," says Black.

The 65-seat neighbourhood-style pizzeria offers customers a wide array of pizza selections along with a variety of Mediterranean cuisine.

They have also opened a new restaurant called Ox & Angela, specializing in Latin cuisine and only 104 steps away from Una.

~ Candice Ward

SMALL BUSINESS GROWING IN CALGARY

Small businesses in Calgary accounted for 94.9 per cent of all businesses with employees in the Calgary Census Metropolitan Area in 2009, according to the Calgary Economic Development.

With 49,481 business establishments in 2009, most of the businesses were in professional, scientific and technical services and construction.

Calgary could also boast the highest number of small businesses per capita among all the major Canadian cities at a rate of 40.2 per 1,000 population.

WHAT YOU NEED TO FINANCE YOUR BUSINESS

The most important ingredient for any business is money. To secure financing, you need to take a look at three key factors:

YOUR BUSINESS PLAN

A business plan is one of the first things most lenders will want to see. Show lenders how you plan to implement your business and convince them that you will succeed. Consultants are one resource to assist you in drafting a plan, but there are also lower-cost services. Free services (such as business planning resources and secondary market research) are offered by your local library or through government services, and many banks now offer free online business planning software.

YOUR CREDIT RATING

Lenders will consider your personal finances when you apply for a loan. While it may not be the only factor, most lenders will look at your credit rating as an indicator of how you have repaid financing in the past. Keep on top of your credit and, if needed, take the necessary steps to improve your credit to make you more attractive to lenders.

YOUR FINANCIAL INVESTMENT

Be prepared to invest your own capital into your business. Most financing ventures, including government financing programs, will need to see a portion of investment coming from you.

Raising capital will probably be one of the more challenging parts of starting or running a business. To be successful, get as informed as possible on the subject.

— News Canada

YOUR PARTNER IN BUSINESS

STOCKBYTE/THINKSTOCK

BMO CONSIDERS BOTH PERSONAL AND PROFESSIONAL LIVES

You don't just run a small business — you live it.

For too long, banks have treated small business owners as though their personal and professional lives were separate. But one happens to impact the other. And that's why BMO considers both before offering you banking solutions.

Here's one example of how we do it.

JAMES: I run a business as an electrician. Things were OK when I started out, but then the recession hit. All of a sudden, my customers couldn't make their payments on time.

I started working longer hours, which hurt my family. I began to realize how much balance my wife and children brought to my life — the less I saw them, the worse my situation felt.

Business kept going south. I considered relaxing my repayment terms (giving customers 60 or 90 days to pay me back, instead of 30), but that wouldn't have solved my cash-flow problem. So I started looking for new customers in a down market.

The more hours I spent doing that, the fewer I spent at home.

I needed help.

JOE COLLURA, BMO SMALL BUSINESS AREA MANAGER: I remember James. We had a long conversation.

He did most of the talking. He told me about his business and how much it meant to him.

He explained the solutions he'd tried, which weren't working.

When he'd finished, I asked him how all this affected him personally. James was surprised by that. I explained to him that at BMO, we look for solutions that solve problems at home, as well as on the job. They aren't really separate.

That got him talking a lot more. And it gave me an idea.

James had never before operated on credit. He never thought to ask for it. So I convinced him to fund his business through a Small Business Line of Credit. This allowed him to meet his financial obligations and cover any temporary shortfalls of cash. It also made his hours more predictable, letting him get home to his family in good time. Six months later, his business had turned around.

CELEBRATE SMALL BUSINESS WEEK

BMO is celebrating Small Business Week 2011, and you're invited to the party. This week, more than 400 participating BMO branches will be hosting their own Biz Cafés: Local events across the country to thank small business owners (like you) for their achievements. It's an opportunity to celebrate with the experts who can help owners grow their business.

BMO Biz Cafés will be popping up across Canada.

To find the one nearest you, visit bmo.com/smallbizweek.

CONNECT WITH PEOPLE IN THE KNOW THROUGH BMO

As a small business owner, you're part of a community. But it's bigger than the neighbourhood you live and work in. There's also a whole online world — where business people like you can meet, network and exchange ideas with experts in a range of fields. That is, if you can find them.

BMO aims to put you in touch. The new BMO SmartSteps for Business Online Community is your chance to connect with people in the know on subjects that matter to you. Comment on their daily blog posts, even if you disagree; engage them in dialogue through BMO.

Of course, you probably have a large network of contacts already. So grow it further by engaging your fellow entrepreneurs online in this eCommunity. Instantly share the posts you like best by clicking icons for Facebook, Twitter, RSS feeds and email in the top right corner of each page. Continue to discuss and debate in the comments section of each post. Read the latest feedback on Twitter by following @BMOsmb.

ISTOCKPHOTO/THINKSTOCK

The eCommunity is there when you need it most. Download Business Coach Podcasts and listen to them in your free time. Review older blog entries, archived and searchable under topics like Daily Operations, Marketing, and Managing Cash. If you're unsure of where to begin (or if you're just really busy), focus on the posts your fellow entrepreneurs have found most useful — you are encouraged to rate posts from one to five stars. The website also lists the most-read posts right on the main page. In this way, eCommunity members help one another.

Joining the BMO SmartSteps for Business Online Community doesn't just get you great resources — it makes you a great resource yourself. Visit bmo.com/smartbusinessowners today to get connected.

KEEP YOUR FINANCES ON TRACK

Everyone needs a checkup once in awhile. The same is true for your small business. With the BMO SmartSteps for Business online assessment tool, you've got an easy way to keep your finances on track.

The assessment tool guides you through a series of questions that can be completed in minutes. When you are done, it provides you with a free, customized Action Plan, filled with valuable tips on how to save time and money — and maximize profits — for your small business.

Visit bmo.com/business and try it out today.

In business, success starts with a solid foundation.

Let us assess your business and provide solutions that can save you time and money to innovate and grow.

Sign up for a commercial banking solution[1] and receive one of the following:

- $100 credit from Google AdWords®‡,[2]
- 20 GB of storage space free for one year with SecureVault™※,[3]

Speak with a BMO® representative today, or visit **bmo.com/business**

BMO® Bank of Montreal

Making money make sense®

[1]Promotion runs from September 1, 2011 – December 31, 2011. Applicable when customer uses the BMO SmartSteps® for Business assessment tool and signs up for any solution recommended on their Action Plan. [2]Services referred to herein are provided by Google Inc. Receive a $100 credit when you open a Google AdWords account. Offer valid for new customers only. Once coupon credit expires, regular Google AdWords fees and terms and conditions apply if you wish to continue using the service. Coupon not redeemable for cash. Detailed terms and conditions visible here: http://www.google.com/ads/adwords_couponsterms. [3]Services referred to herein are provided by D+H Limited Partnership. D+H Limited Partnership is not a member of BMO Financial Group. Conditions and restrictions may apply. Please contact D+H Limited Partnership for more details. ®Registered trade-marks of Bank of Montreal. All other trade-marks are the property of their respective owners. ®‡Registered trade-mark of Google Inc. Bank of Montreal is an authorized user. ™※Registered trade-marks of D+H Limited Partnership. Bank of Montreal is an authorized user of the trade-marks.

4 sports

Jets win ends turbulent week

New York puts aside locker-room bickering in time for possible season-saving win over Miami

JETS	DOLPHINS
24	6

NICK LAHAM/GETTY IMAGES

▶ Santonio Holmes of the New York Jets scores a fourth-quarter touchdown last night as Kevin Burnett of the Dolphins gives chase in East Rutherford, N.J.

For a team in turmoil, this was one therapeutic win.

It certainly wasn't pretty or convincing. But it did the job for Rex Ryan and his feuding New York Jets.

Darrelle Revis ran back the first of his two interceptions 100 yards for a touchdown and the Jets did just enough to beat the winless Miami Dolphins 24-6 last night and end a three-game losing streak.

Mark Sanchez threw a 38-yard touchdown pass to Santonio Holmes and ran for another score as the Jets — who called this a "must-win" game — capped a tough week by pulling out a victory and sending the Dolphins to their fifth straight loss.

With the losses mounting and the season already on the brink of spinning out of control for the Jets (3-3), they traded wide receiver Derrick Mason to Houston and then had to deal with some infighting as Holmes called out the offensive line for not giving Sanchez enough time to throw deep. Right guard Brandon Moore fired back, saying those comments could have a "fragmenting effect" and were not what a captain, which Holmes is, should do.

Ryan, who insisted his team's Super Bowl hopes would not be undone by locker-room disharmony, even sent Holmes and Moore out as the captains for the pre-game coin toss.

Turns out, this game against the Dolphins (0-5) came at just the right time as the Jets got their season back on track. Next up for New York: The San Diego Chargers (4-1) on Sunday, with a chance to head into the bye on a high note.

0-5

The Dolphins are 0-5 to start a season for the second time in five years, and things are looking an awful lot like 2007 — when Miami went 1-15.

Sanchez, who has also taken lots of criticism, finished 14 of 25 for 201 yards and the touchdown pass to Holmes, and Shonn Greene ran for 74 yards on 21 carries.

The heat on Dolphins coach Tony Sparano could intensify now, with some already calling for his job before this game.

Wide receiver Brandon Marshall couldn't even live up to his promise to get ejected sometime in the second quarter. He also said he might even start a fight with Jets linebacker Bart Scott or cornerback Antonio Cromartie

It was all talk that Marshall, and the rest of the Dolphins, couldn't back up. THE ASSOCIATED PRESS

Quoted

"We weren't very happy with the results, and we certainly knew that we were a better team than we showed."

TEXAS MANAGER RON WASHINGTON, WHOSE RANGERS ARE HEADING INTO THEIR SECOND-STRAIGHT WORLD SERIES IN GAME 1 VERSUS THE ST. LOUIS CARDINALS TOMORROW NIGHT. LAST YEAR, TEXAS WAS WIPED OUT BY THE SAN FRANCISCO GIANTS IN FIVE GAMES IN THE RANGERS' FIRST-EVER WORLD SERIES APPEARANCE.

Scan code for more sports.

Crash survivors

Two IndyCar drivers were released from a Las Vegas hospital yesterday after overnight treatment for injuries suffered in the fiery crash that killed Dan Wheldon.

IndyCar spokeswoman Amy Konrath says Pippa Mann had surgery for a burn to her right pinkie finger and will require a second surgery in two to three weeks and JR Hildebrand has a severely bruised sternum.

Fans honour Wheldon in Indy

SCOTT OLSON/GETTY IMAGES

▶ A racing fan leaves a tribute to Dan Wheldon at the Indianapolis Motor Speedway yesterday.

Dan Wheldon's biggest fans wanted one more chance to thank their favourite driver yesterday.

They turned Indianapolis Motor Speedway's main gate into a memorial for the two-time Indianapolis 500 winner, who was killed Sunday in a fiery crash in Las Vegas. Less than 24 hours later, the iron bars at IMS were decorated with flowers, notes of condolence, checkered flags, American and British flags and even half-gallon milk jugs, symbolic of the traditional victory drink at Indy.

"Daniel was born to be a racer and yesterday left us doing what he loved to do."

DAN WHELDON'S FATHER CLIVE, OUTSIDE THE FAMILY HOME YESTERDAY IN THE VILLAGE OF EMBERTON, ENGLAND.

It was Indy where the 33-year-old Wheldon had his greatest successes and the most devoted fanbase outside his native England.

He won the Indianapolis 500 driving for Michael Andretti's team in 2005 and won it again in May for Bryan Herta's team.

Track officials lowered the flags above the main office to half-staff.

Clark County Coroner Michael Murphy said Wheldon died of blunt head trauma.

THE ASSOCIATED PRESS

NATIONAL HOCKEY LEAGUE

EASTERN CONFERENCE

	GP	W	L	OTL	SL	GF	GA	Pts	Home	Away	Last 10	Strk
d-Washington	4	4	0	0	0	15	11	8	3-0-0-0	1-0-0-0	4-0-0-0	W4
d-Pittsburgh	7	3	2	1	1	19	18	8	1-1-1-0	2-1-0-1	3-2-1-1	L3
d-Toronto	4	3	0	1	0	13	10	7	3-0-1-0	0-0-0-0	3-0-1-0	L1
Philadelphia	4	3	0	1	0	14	8	7	1-0-1-0	2-0-0-0	3-0-1-0	L1
Buffalo	4	3	1	0	0	14	9	6	1-1-0-0	2-0-0-0	3-1-0-0	W1
Florida	4	3	1	0	0	14	10	6	1-0-0-0	2-1-0-0	3-1-0-0	W2
NY Islanders	4	3	1	0	0	11	6	6	3-1-0-0	0-0-0-0	3-1-0-0	W3
New Jersey	4	3	1	0	0	9	8	6	2-1-0-0	1-0-0-0	3-1-0-0	W3
Carolina	5	2	2	1	0	13	18	5	1-1-0-0	1-1-1-0	2-2-1-0	W2
Boston	5	2	3	0	0	10	9	4	1-2-0-0	1-1-0-0	2-3-0-0	W1
Tampa Bay	6	1	3	0	2	18	26	4	0-1-0-0	1-2-0-2	1-3-0-2	L5
Montreal	4	1	2	0	1	11	13	3	0-1-0-1	1-1-0-0	1-2-0-1	L2
NY Rangers	3	0	1	1	1	5	8	2	0-0-0-0	0-1-1-1	0-1-1-1	L3
Winnipeg	4	1	3	0	0	7	14	2	1-1-0-0	0-2-0-0	1-3-0-0	W1
Ottawa	5	1	4	0	0	14	23	2	1-1-0-0	0-3-0-0	1-4-0-0	L2

WESTERN CONFERENCE

	GP	W	L	OTL	SL	GF	GA	Pts	Home	Away	Last 10	Strk
d-Colorado	6	5	1	0	0	20	13	10	0-1-0-0	5-0-0-0	5-1-0-0	W5
d-Detroit	4	4	0	0	0	13	5	8	2-0-0-0	2-0-0-0	4-0-0-0	W4
d-Dallas	5	4	1	0	0	13	11	8	4-0-0-0	0-1-0-0	4-1-0-0	W3
Anaheim	4	3	1	0	0	8	7	6	3-0-0-0	0-1-0-0	3-1-0-0	W3
Minnesota	5	2	1	1	1	12	12	6	2-0-1-0	0-1-0-1	2-1-1-1	L1
Phoenix	4	2	1	0	1	13	11	5	1-0-0-0	1-1-0-1	2-1-0-1	W2
Chicago	4	2	1	0	1	12	10	5	2-0-0-1	0-1-0-0	2-1-0-1	L1
Edmonton	4	2	1	0	1	9	8	5	2-1-0-0	1-0-0-1	2-1-0-1	W1
Los Angeles	4	2	1	0	1	9	10	5	1-1-0-0	1-0-0-1	2-1-0-1	W1
Nashville	5	2	2	0	1	12	15	5	0-1-0-1	2-1-0-0	2-2-0-1	L3
Vancouver	5	2	2	0	1	15	15	5	0-0-0-1	2-2-0-0	2-2-0-1	W1
St. Louis	5	2	3	0	0	15	15	4	1-1-0-0	1-2-0-0	2-3-0-0	L1
San Jose	3	1	2	0	0	8	8	2	1-1-0-0	0-1-0-0	1-2-0-0	L2
Calgary	4	1	3	0	0	11	14	2	0-1-0-0	1-2-0-0	1-3-0-0	L1
Columbus	5	0	4	0	1	10	17	1	0-2-0-1	0-2-0-0	0-4-0-1	L5

d — division leaders ranked 1-2-3 regardless of points; a team winning in overtime or shootout is credited with two points and a victory in the W column; the team losing in overtime or shootout receives one point which is registered in the OTL (overtime loss) or SL (shootout loss) column.

Last night's results
Edmonton 3 Nashville 1
Winnipeg 2 Pittsburgh 1
Colorado 3 Toronto 2 (OT)
Florida 7 Tampa Bay 4
Anaheim at San Jose
Sunday's result
Anaheim 4 St. Louis 2
Tonight's games
All Times Eastern
Carolina at Boston, 7 p.m.
Florida at Washington, 7 p.m.
Dallas at Columbus, 7 p.m.
Buffalo at Montreal, 7:30 p.m.
Philadelphia at Ottawa, 7:30 p.m.
Pittsburgh at Minnesota, 8 p.m.
Edmonton at Calgary, 9 p.m.
N.Y. Rangers at Vancouver, 10 p.m.
Chicago at Phoenix, 10 p.m.
St. Louis at Los Angeles, 10:30 p.m.
Tomorrow's game
Winnipeg at Toronto, 7:30 p.m.

SCORING LEADERS

	G	A	PT
Kessel, Tor	5	3	8
Tavares, NYI	5	3	8
Doan, Phx	3	4	7
Kopitar, LA	3	4	7
Vanek, Buf	3	4	7
Legwand, Nash	2	5	7
D.Sedin, Vcr	2	5	7
H.Sedin, Vcr	2	5	7
Parenteau, NYI	1	6	7
Neal, Pgh	5	1	6
Adam, Buf	3	3	6
P.Kane, Chi	2	4	6
Skinner, Car	2	4	6

Not including last night's games

AVALANCHE 3, LEAFS 2 (OT)

First Period
No Scoring.
Penalties — Lupul Tor (slashing) 4:33, Hejduk Col (hooking) 11:30, Hejduk Col (hooking) 18:07.
Second Period
1. Toronto, Kessel 6, 0:19
2. Colorado, Winnick 2 (O'Reilly, Hejda) 3:31
3. Colorado, Hejduk 3 (Johnson, Stastny) 14:14 (pp)
Penalties — Bozak Tor (interference) 13:34, McLeod Col (hooking) 17:19.
Third Period
4. Toronto, Kulemin 1 (Phaneuf, MacArthur) 15:17
Penalty — O'Byrne Col (cross-checking) 1:43.
Overtime
5. Colorado, Jones 4 (Quincey) 1:11
Penalties — None.
Shots

Colorado	8	9	4	3—24
Toronto	8	9	11	1—29

Goal — Colorado: Giguere (W,2-0-0); Toronto: Reimer (L,3-1-0). **Power plays (goals-chances)** — Colorado: 1-2; Toronto: 0-4.
Referees — Marc Joannette, Tom Kowal. **Linesmen** — Brad Lazarowich, Mark Shewchyk.
Attendance — 19,459 (18,819).

JETS 2, PENGUINS 1

First Period
1. Winnipeg, Wellwood 2 (Burmistrov, Antropov) 0:08
2. Winnipeg, Glass 1 (Burmistrov) 18:27
Penalties — Wheeler Wpg (holding) 9:36, Engelland Pgh, Thorburn Wpg (fighting) 14:01.
Second Period
3. Pittsburgh, Michalek 1 (Letang, Cooke) 18:22
Penalties — Hainsey Wpg (tripping) 0:54, Park Pgh (hooking) 9:20, Neal Pgh (slashing) 11:53, Sullivan Pgh (hooking) 19:44.
Rhird Period
No Scoring.
Penalties — Letang Pgh (boarding) 13:08, Kunitz Pgh, Glass Wpg (roughing), Lovejoy Pgh, Slater Wpg (fighting), Thorburn Wpg (hooking) 16:02, Neal (slashing) 20:00.
Shots

Pittsburgh	7	14	8	—29
Winnipeg	11	11	13	—35

Goal — Pittsburgh: Fleury (L,3-2-0); Winnipeg: Pavelec (W,1-2-0). **Power plays (goals-chances)** — Pittsburgh: 0-3; Winnipeg: 0-4.
Referees — Dean Morton, Brad Watson. **Linesmen** — Lonnie Cameron, Thor Nelson.
Attendance — 15,004 (15,004).

OILERS 3, PREDATORS 1

First Period
No Scoring.
Penalties — Weber Nash (boarding) 3:30, Smid Edm (roughing) 5:55, Spaling Nash (hooking) 11:59, Hall Edm (hooking) 12:26.
Second Period
1. Nashville, Kostitsyn 1 (Rinne) 1:58
Penalties — Blum Nash (hooking) 3:34, Edmonton bench (too many men; served by Omark) 5:52, Omark Edm (high-sticking) 9:08, Suter Nash (slashing) 19:13.
Third Period
2. Edmonton, Hall 1 (Nugent-Hopkins, Horcoff) 5:29 (pp)
3. Edmonton Smyth 2 (Horcoff) 7:31
4. Edmonton, Jones 1 (Horcoff, Smyth) 19:20 (en)
Penalties — Suter Nash (holding) 5:07, Sutton Edm (tripping) 13:47.
Shots

Nashville	4	5	3	—12
Edmonton	12	7	6	—25

Goal — Nashville: Rinne (L,2-2-1); Edmonton: Khabibulin (W,1-0-1). **Power plays (goals-chances)** — Nashville: 0-5; Edmonton: 1-5.
Referees — Chris Rooney, Ian Walsh. **Linesmen** — Ryan Galloway, Derek Nansen.
Attendance — 16,839 (16,839) at Edmonton.

MLB PLAYOFFS

WORLD SERIES

(Best-of-7)
ST. LOUIS (N.L.) VS. TEXAS (A.L.)
Tomorrow's game
All Times Eastern
Texas (Wilson 16-7) at St. Louis (Carpenter 11-9), 8:05 p.m.
Thursday's game
Texas (Lewis 14-10) at St. Louis (Garcia 13-7), 8:05 p.m.
Saturday, Oct. 22
St. Louis (Jackson 12-9) at Texas (Holland 16-5), 8:05 p.m.
Sunday, Oct. 23
St. Louis (Lohse 14-8) at Texas (Harrison 14-9), 8:05 p.m.
Monday, Oct. 24
x-St. Louis at Texas, 8:05 p.m.
Wednesday, Oct. 26
x-Texas at St. Louis, 8:05 p.m.
Thursday, Oct. 27
x-Texas at St. Louis, 8:05 p.m.
x — played only if necessary.

NFL

AMERICAN CONFERENCE

EAST

	W	L	T	Pct	PF	PA
New England	5	1	0	.833	185	135
Buffalo	4	2	0	.667	188	147
N.Y. Jets	3	3	0	.500	145	131
Miami	0	5	0	.000	75	128

SOUTH

	W	L	T	Pct	PF	PA
Tennessee	3	2	0	.600	105	94
Houston	3	3	0	.500	141	124
Jacksonville	1	5	0	.167	72	132
Indianapolis	0	6	0	.000	104	163

NORTH

	W	L	T	Pct	PF	PA
Baltimore	4	1	0	.800	148	71
Cincinnati	4	2	0	.667	137	111
Pittsburgh	4	2	0	.667	119	102
Cleveland	2	3	0	.400	91	117

WEST

	W	L	T	Pct	PF	PA
San Diego	4	1	0	.800	120	109
Oakland	4	2	0	.667	160	150
Kansas City	2	3	0	.400	77	150
Denver	1	4	0	.200	105	140

NATIONAL CONFERENCE

EAST

	W	L	T	Pct	PF	PA
N.Y. Giants	4	2	0	.667	154	147
Washington	3	2	0	.600	96	83
Dallas	2	3	0	.400	115	121
Philadelphia	2	4	0	.333	145	145

SOUTH

	W	L	T	Pct	PF	PA
Tampa Bay	4	2	0	.667	113	145
New Orleans	4	2	0	.667	177	151
Atlanta	3	3	0	.500	135	147
Carolina	1	5	0	.167	133	163

NORTH

	W	L	T	Pct	PF	PA
Green Bay	6	0	0	1.000	197	114
Detroit	5	1	0	.833	178	114
Chicago	3	3	0	.500	146	132
Minnesota	1	5	0	.167	121	145

WEST

	W	L	T	Pct	PF	PA
San Francisco	5	1	0	.833	167	97
Seattle	2	3	0	.400	94	122
Arizona	1	4	0	.200	96	121
St. Louis	0	5	0	.000	49	137

WEEK SIX

Byes: Arizona, Denver, Kansas City, San Diego, Seattle, Tennessee
Last night's result
N.Y. Jets 24 Miami 6
Sunday's results
Atlanta 31 Carolina 17
Baltimore 29 Houston 14
Chicago 39 Minnesota 10
Cincinnati 27 Indianapolis 17
Green Bay 24 St. Louis 3
New England 20 Dallas 16
N.Y. Giants 27 Buffalo 24
Oakland 24 Cleveland 17
Philadelphia 20 Washington 13
Pittsburgh 17 Jacksonville 13
San Francisco 25 Detroit 19
Tampa Bay 26 New Orleans 20

CFL

WEEK 17

EAST DIVISION

	GP	W	L	T	PF	PA	Pt
x-Montreal	15	10	5	0	462	373	20
x-Winnipeg	15	9	6	0	360	350	18
x-Hamilton	15	7	8	0	420	416	14
Toronto	15	4	11	0	313	429	8

WEST DIVISION

	GP	W	L	T	PF	PA	Pt
x-B.C.	15	9	6	0	429	322	18
x-Edmonton	15	9	6	0	353	328	18
x-Calgary	15	8	7	0	424	412	16
Saskatchewan	15	4	11	0	294	431	8

x — clinched playoff berth.
Friday's games
Edmonton at Toronto, 6:30 p.m.
Saskatchewan at Calgary, 9:30 p.m.
Saturday, Oct. 22
Montreal at Winnipeg, 3 p.m.
B.C. at Hamilton, 7 p.m.

SCORING LEADERS

	TD	C	FG	S	Pts
Whyte, Mtl	0	46	39	11	174
McCallum, BC	0	40	42	5	171
Medlock, Ham	0	42	38	4	160
Palardy, Wpg	0	33	33	5	137
Paredes, Cal	0	38	30	5	133
Prefontaine, Tor	0	24	30	5	119

SOCCER

MLS

EASTERN CONFERENCE

	GP	W	L	T	GF	GA	Pt
x-Kansas City	33	12	9	12	49	40	48
x-Philadelphia	33	11	7	15	44	35	48
Columbus	33	13	12	8	41	41	47
Houston	33	11	9	13	42	40	46
New York	33	9	8	16	49	44	43
Chicago	33	8	9	16	43	43	40
D.C. United	32	9	12	11	48	50	38
Toronto	33	6	13	14	34	57	32
New England	33	5	16	12	36	56	27

WESTERN CONFERENCE

	GP	W	L	T	GF	GA	Pt
y-Los Angeles	33	19	4	10	47	25	67
x-Seattle	33	17	7	9	53	36	60
x-Real Salt Lake	33	15	11	7	43	35	52
x-Dallas	33	15	11	7	40	35	52
x-Colorado	33	11	9	13	42	40	46
Portland	32	11	13	8	38	46	40
Chivas USA	33	8	13	12	40	40	36
San Jose	33	7	12	14	36	43	35
Vancouver	33	6	17	10	34	53	28

x — Clinched playoff berth.
y — Clinched conference.
Note: Three points for a win, one for a tie.
Sunday's result
Los Angeles 1 Chivas USA 0
Tomorrow's game
All Times Eastern
Portland at D.C. United, 8 p.m.
Thursday's game
Philadelphia at New York, 8 p.m.
Saturday, Oct. 22
New England at Toronto, 12:30 p.m.
Colorado at Vancouver, 7 p.m.
Kansas City at D.C. United, 7:30 p.m.
Columbus at Chicago, 8:30 p.m.
Portland at Real Salt Lake, 9 p.m.
Seattle at Chivas USA, 10:30 p.m.
Dallas at San Jose, 10:30 p.m.
Sunday, Oct. 23
Los Angeles at Houston, 7 p.m.

TENNIS

ATP-WTA KREMLIN CUP

At Moscow
MEN
Singles
First Round
Andreas Seppi (8), Italy, def. Igor Andreev, Russia, 2-6, 6-3, 7-6 (4).
Teymuraz Gabashvili, Russia, def. Karol Beck, Slovakia, 6-2, 6-4.
Pere Riba, Spain, def. Andreas Haider-Maurer, Austria, 6-2, 6-7 (1), 6-3.
Mikhail Kukushkin, Kazakhstan, def. Lukas Rosol, Czech Republic, 7-6 (5), 7-5.
Igor Kunitsyn, Russia, def. Andrey Kuznetsov, Russia, 7-5, 4-6, 6-3.
WOMEN
Singles
First Round
Vera Dushevina, Russia, def. Roberta Vinci (7), Italy, 7-6 (4), 6-4.
Kaia Kanepi, Estonia, def. Sara Errani, Italy, 6-0, 7-5.
Bojana Jovanovski, Serbia, def. Alona Bondarenko, Ukraine, 6-3, 6-0.
Nadia Petrova, Russia, def. Evgeniya Rodina, Russia, 6-4, 7-6 (3).
Doubles
First Round
Natalie Grandin, South Africa, and Vladimira Uhlirova (3), Czech Republic, def. Eva Birnerova and Klara Zakopalova, Czech Republic, 6-3, 6-3.
Alize Cornet, France, and Alicja Rosolska, Poland, def. Sophie Lefevre, France, and Megan Moulton-Levy, U.S., 6-0, 6-4.

ATP IF STOCKHOLM OPEN

At Stockholm
Singles
First Round
Philipp Petzschner, Germany, def. Lukasz Kubot, Poland, 6-2, 7-5.
Tommy Haas, Germany, def. Somdev Devvarman, India, 7-6 (4), 6-4.
Doubles
First Round
Xavier Malisse, Belgium, and Frank Moser, Germany, def. Paul Hanley, Australia, and Dick Norman, Belgium, 7-6 (4), 6-3.
Marcos Baghdatis, Cyprus, and Juan Martin del Potro, Argentina, def. Scott Lipsky and Rajeev Ram, U.S., 4-6, 7-5, 10-6 (tiebreak).

WTA BNP PARIBAS LUXEMBOURG OPEN

At Luxembourg
Singles
First Round
Maria Kirilenko (7), Russia, def. Carla Suarez Navarro, Spain, 7-6 (5), 3-6, 3-0 (retired).
Tamira Paszek, Austria, def. Ekaterina Makarova, Russia, 6-2, 6-2.
Iveta Benesova, Czech Republic, def. Pauline Parmentier, France, 3-6, 6-3, 6-2.
Anabel Medina Garrigues, Spain, def. Anne Kremer, Luxembourg, 6-0, 6-0.
Doubles
First Round
Klaudia Jans-Ignacik, Poland, and Jasmin Woehr (3), Germany, def. Anne Keothavong and Heather Watson, Britain, 7-5, 6-4.

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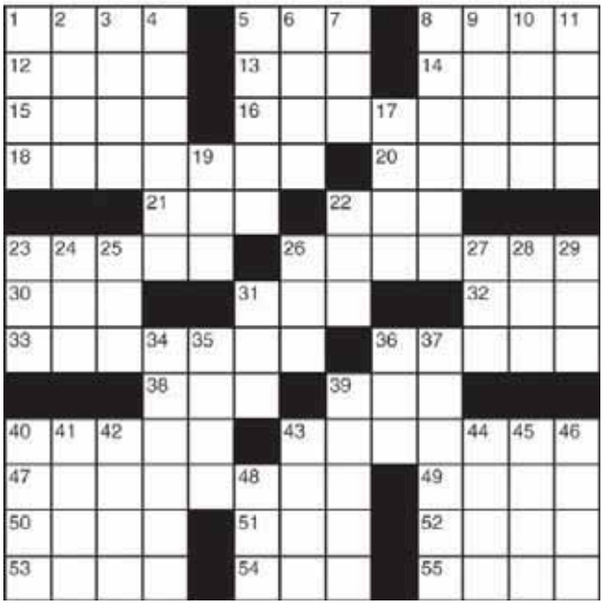
Crossword



Across

1 Creche trio
5 Antiquated
8 Pulsate
12 Right angles
13 Kids' pie filling?
14 Eastern potentate
15 Go sightseeing
16 Pose
18 Embassy employee
20 Actress Spacek
21 Historic period
22 Conclusion
23 Without pizzazz
26 Try
30 Born
31 Playwright Levin
32 — constrictor
33 Lure
36 Choir rendition
38 "Hail!"
39 Total
40 Ecru
43 "Way to go!"
47 Lawyer
49 Anger
50 Humdinger
51 Web address
52 Up to
53 Scottish garment
54 Sock part
55 "That's one small — ..."

Down

1 Transcending (Pref.)
2 Oodles
3 Excessive supply
4 Where Tel Aviv is
5 Nebraska city
6 Minstrel's instrument
7 Banned pesticide
8 Happen as if by fate
9 Flightless flock
10 Lends a hand
11 Deuce defeater
17 "— It Romantic?"
19 Weep
22 Greek H
23 "CSI" evidence
24 Pensioned (Abbr.)
25 Nevertheless
26 Illustrations
27 Degree for a CEO
28 D.C. figure
29 53-Across wearer's hat
31 Lemieux milieu
34 Spicy stew
35 Maintain
36 Deposit
37 Intellect
39 Fashion
40 Abruptly refuse
41 Needle case
42 "— be OK"
43 Re planes and such
44 Fisherman's enticement
45 Look lasciviously
46 Shrill bark
48 Eccentric

▶ Yesterday's answer

Sudoku

		7					4	9
	3	1		9	2			
6			4					
1		5	7		4			
	4						1	
			5		9	4		8
					3			6
			1	5		3	9	
8	9					5		

How to play

Fill in the grid, so that every row, every column and every 3x3 box contains the digits 1-9. There is no math involved. You solve the puzzle with reasoning and logic.

3	8	5	1	7	4	2	9	6
7	4	2	3	9	6	8	5	1
6	1	9	8	2	5	7	4	3
9	3	8	4	5	2	6	1	7
4	2	6	7	1	9	5	3	8
1	5	7	6	3	8	9	2	4
2	7	4	9	8	1	3	6	5
8	9	1	5	6	3	4	7	2
5	6	3	2	4	7	1	8	9

Yesterday's answer ▶

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So tell me have you ever really really, reallly ever loved a woman?
FROM SIMPLE

ex- N.West Commuter
It's been a little over a year since we first had contact via emailing, and a whole lot longer since I first laid eyes on you. You used to commute daily through the skytrain/bus system but havent seen you in so long. Our first and only encounter was no where near what I would love to offer you, and I would be more than willing to put my 'hair' on the line again, only for you, but as we are no longer 'friends' I only wish to tell you that you are still, as you have ALWAYS been, my dream guy!
FROM SCOOBYDOOBY

A look at the weather

TODAY	WEDNESDAY	THURSDAY
Min 0°	Min 4°	Min -2°
Max 14°	Max 15°	Max 12°

Andrew Schultz, Meteorologist
BT BREAKFAST TELEVISION

"I get to spread the word on how your day, evening or weekend will shape up with our ever-changing weather here in Alberta". **WEEKDAYS 5:30 A.M.**

Today's horoscope

For today's crossword answers and for expanded horoscopes, go to metronews.ca

♈ Aries March 21-April 20 If you have fallen out with someone, your first priority is to get back on good terms with them.

♉ Taurus April 21-May 21 Someone you have dealings with will be rather aggressive today and you may be tempted to respond in kind. Don't.

♊ Gemini May 22-June 21 Creatively and artistically you will be on top of your game today, so do something truly extraordinary.

♋ Cancer June 22-July 22 You may have to get tough with someone but if you don't they will most likely make a mess of something that affects you directly.

♌ Leo July 23-Aug.23 Your communication makes it easy for you to win others round to your way of thinking.

♍ Virgo Aug. 24- Sept. 22 You will get an offer today that could bring you a lot more money and prestige.

♎ Libra Sept. 23-Oct. 23 Look out for your own interests and pay no attention to those who say you should be helping them more.

♏ Scorpio Oct. 24-Nov. 22 You may be tempted to give up on something, but the planets warn if you stop now you will regret it later, so keep going.

♐ Sagittarius Nov. 23-Dec. 21 Save yourself for the things and the people that really matter.

♑ Capricorn Dec. 22-Jan. 20 Someone in a position of authority will be glad to assist you.

♒ Aquarius Jan. 21-Feb. 18 Everything seems to be going well for you at the moment and life will be hugely enjoyable over the next few days.

♓ Pisces Feb. 19-March 20. You may or may not grow rich over the next few days but Lady Luck is smiling on you. **SALLY BROMPTON**

Caption contest

NATHAN DENETTE/THE ASSOCIATED PRESS

NATACHA PISARENKO/THE ASSOCIATED PRESS

WIN!

You write it!

Write a funny caption for the image above and send it to play@metronews.ca — the winning caption will be published in tomorrow's Metro.

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